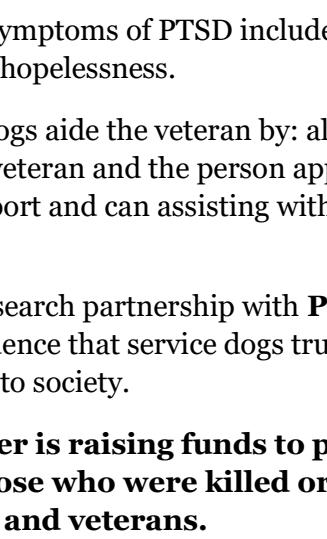




BUSINESS ADVISOR

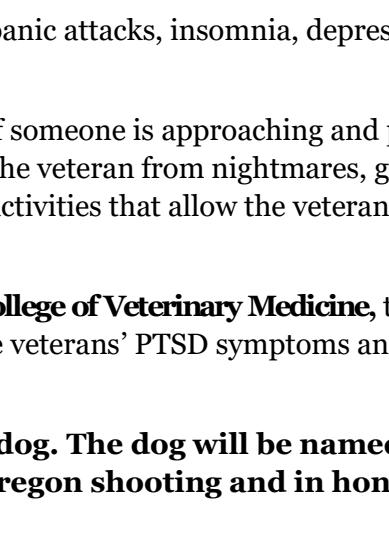
SOUTH METRO REGIONAL
CHAMBER OF COMMERCE

January 2020



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My Side of the Conversation

The South Metro Regional Chamber has begun a fund raising effort to provide a service animal to a veteran who has PTSD, Traumatic Brain injury or possibly as the result of a sexual assault. Below are some staggering statistics.

At least 20 Veterans a day who served post 9/11 commit suicide daily.

Roughly 20% of post 9/11 veterans suffer from PTSD – totaling over 700,000 veterans.

Some of the symptoms of PTSD include; hyper-vigilance, panic attacks, insomnia, depression and feelings of isolation and hopelessness.

The service dogs aide the veteran by: alerting the veteran if someone is approaching and placing themselves between the veteran and the person approaching, waking the veteran from nightmares, giving unconditional love and support and can assisting with a variety of other activities that allow the veteran to better function in society.

Through a research partnership with **Purdue University College of Veterinary Medicine**, there is now scientific evidence that service dogs truly help decrease the veterans' PTSD symptoms and help them to reintegrate into society.

The Chamber is raising funds to provide a service dog. The dog will be named "Dayton" in honor of those who were killed or injured in the Oregon shooting and in honor of our first responders and veterans.

How can you help with this effort? We have a start but we need your assistance. Donations may be made at any Farmers and Merchants Bank branch or mailed to Farmers and Merchants Bank, to Shon Meyers, President and CEO, 41 South First St, Miamisburg, OH 45342 or to the South Metro Regional Chamber attention Julia Maxton, President, 332 Congress Park Drive, Dayton, OH 45459. Please make checks payable to K9 Dayton.



Congratulations! to MAKsolve Business of the Year 2019

JOIN US IN THE "DAYTON" SERVICE DOG SPONSORSHIP

The South Metro Regional Chamber of Commerce has pledged to raise funds to purchase a PTSD specialized service dog for a disabled Veteran, Police, Fire or EMS victim. In honor of the recent tragedies in our area, this dog's registered name will be "Dayton." For more information contact SMRCOC, President, Julia Maxton, at (937) 433-2032 x 103. Checks must be made out to **K9 Dayton**. **Payments by check should be directed only to the Chamber office: 332 Congress Park Drive, Dayton, OH 45459 or any Farmers & Merchants Bank location.** Donations directed to the K9's For Warriors Organization may go into a general fund only, and not into our "Dayton" Dog fundraiser account.

Save the Date

Jan. 8, 2020 Metro Connect "Shout Out" 7:30–9:00 AM at Archer's Tavern, 9496 Dayton Lebanon Pk. Centerville 45458. Cost \$12.00 and you can register and pay online at www.smrcoc.org

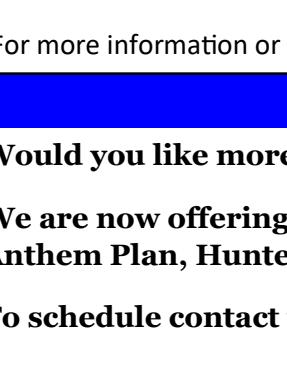
This is an on going series that will occur on a monthly basis alternating between Archer's Tavern and Freddy's Custard and Steakburger on Feb. 5, 2020.

This year will also offer several Metro Breakfasts, popular after-hour events, Business Showcase, the Annual Meeting and Awards and many other informational and networking events.

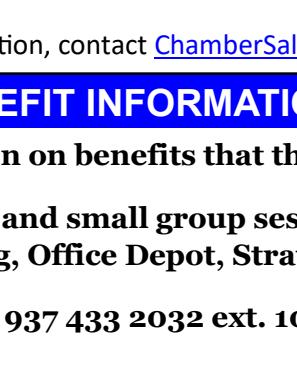
The Calendar for the year is still a work in progress.

Watch your email inbox for more information and details.

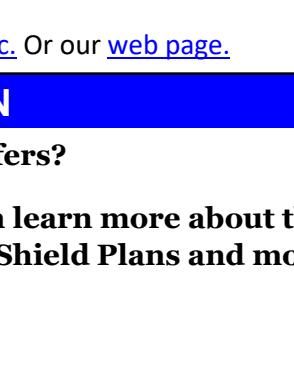
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Safety Council Speakers and Information

All South Metro Regional Safety Council Meetings are held at Miami Valley Hospital South, Bed Tower Conference Room, and begin at 8:15 A.M. with networking and light breakfast. Please feel free to join us for our next meeting on Jan. 9th. What is the South Metro Regional Safety Council? It is a means to gain pertinent information to improve safety and wellbeing in the work place. It is a way for owners and managers to improve workplace conditions. If you have 7 or more employees, you need to consider becoming part of the South Metro Regional Safety Council for 2019 – 2020. **We have excellent speakers.** Not only can you provide a safer work environment, but you have the ability to earn a 2% to 4% rebate of your workers' compensation premium. The presentation begins at 8:30 A.M. To reserve your spot, email info@southmetreregionalsafetycouncil.org or phone 937 433 2032 ext. 200.

January 9, 2020 Bruce Bacelo, Montgomery County Health Service, Topic "Mental Health First Aid"

February 13, 2020 Scott Henry, Washington Township Fire Dept., Topic "CPR"

March 12, 2020 Michael Kerr, MAKsolve, Topic "OSHA Update"

April 9, 2020 Jennifer Brill, Esq., Hunter Brill, LLC Topic "Medical Marijuana—Where are we now?"

You do not have to be a member of the Safety Council to attend the meetings.

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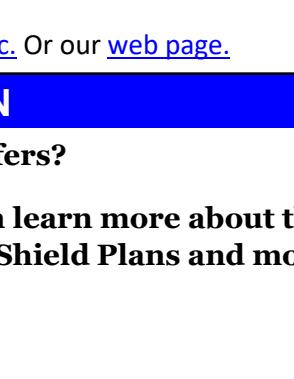


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