

BUSINESS ADVISOR

March 2020





SOUTH METRO CHAMBER PTSD "THE INVISIBLE WOUNDS"

Community College is now just a click away. You can access "PTSD - The Invisible Wounds" any time by going to the link on our

The final edited and shortened video of our live PTSD presentation at Sinclair

SMRCOC website, Facebook, Linkedin or the Miami Valley Communication Council Website. The video, about 1 hour long, is full of excellent information on PTSD and suicide

prevention and was filmed and edited by Carl Schomel, Miami Valley Communication Council.

The South Metro Chamber has always respected and honored our Police, Fire, and Veterans and we hope that this film fulfills our mission in some way. We all are proud to recognize those amazing citizens who will sacrifice the ultimate

for us. This film will help you learn just what this "PTSD – Silent Wound" really is first

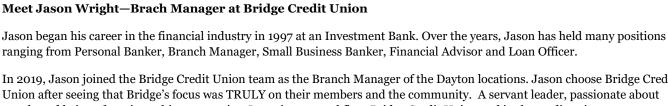
hand, and in real time.

To view the video click Thank YOU!

Julia Maxton, President

Year 2019

Congratulations! to MAKSolve Business of the



In 2019, Jason joined the Bridge Credit Union team as the Branch Manager of the Dayton locations. Jason choose Bridge Credit Union after seeing that Bridge's focus was TRULY on their members and the community. A servant leader, passionate about people and being of service to his community, Jason is a natural fit at Bridge Credit Union and in the credit union movement

which embodies the core principle of "people helping people." Jason has set out to help improve the financial well-being of the

Shout Out Winner for February BRIDGE CREDIT UNION

Bridge Credit Union (formerly Montgomery County Employees Credit Union) started in 1964, by a group of Montgomery County Employees, is a member owned and operated credit union. Bridge's primary focus is and always will be their members and the

credit union's members and to grow the impact of Bridge Credit Union in the Dayton market.

local communities that they serve. We strive to deliver "The Bridge Difference" to every member, every interaction, every time.

Outside of his career at Bridge Credit Union, Jason is a loving husband and devoted father and serves as the Head Coach of Miamisburg Boys' Varsity Volleyball team Save the Date

March 4, 2020 Metro "ShoutOut" at Archer's Tavern, 9496 Dayton Lebanon Pk. Centerville 45458. Cost \$12.00 and you can register and pay online at www.smrcoc.org Ohio Safety Congress March 10, 11 and 12 at the Columbus Convention Center March 18, 2020 Chamber Anthem Health Plan introduction at the Miami Township Branch of the

Dayton Library 2718 Lyons Rd Miamisburg 45342 Reservations requested March 30, 2020 BeLocal Ribbon Cutting at Archers 5:00 to 6:00 PM Reservations requested This year will also offer several Metro Breakfasts, popular After-Hour events, Annual Meeting and Awards and many other informational and networking events.

Additional Newsletter Sponsors

Visit Key-Ads

Conference Room, and begin at 8:15 A.M. with networking and light breakfast. Please feel free to join us for our next meeting on Mar. 12th. What is the South Metro Regional Safety Council? It is a means to gain pertinent information to improve safety and wellbeing in the work place. It is a way for owners and managers to improve workplace conditions. If you have 7 or more employees, you need to consider becoming part of

Home is here. ar Wash

FUND RAISERS FOR MARCH JOIN US IN THE "DAYTON" SERVICE DOG SPONSORSHIP The South Metro Regional Chamber of Commerce has pledged to raise funds to purchase a PTSD specialized service dog for a disabled Veteran, Police, Fire or EMS victim. In honor of the recent tragedies in our area, this dog's registered name will be "Dayton."

St. Leonard

tell them at the counter that you want to do the "Dine and Donate" and 20% of sales will be donated to help raise the \$25,000 needed to provide the service dog. Share this information with your co-workers, families

and customers. THANK YOU, and a special Thank you to Freddy's for

helping us with these events.

PROUD SUPPORTER OF

K9S FOR WARRIORS

Freddy's Custard and Steakburgers is assisting us with fund raising on March 11, April 8, and May 13 2020 from 11 AM to 7 PM. When you order

Great Event for Education and CEU's



for a healthy, productive workforce when it returns March 11 to 13 in Columbus.

Refreshments from Bills Donuts. This is a no cost event but RSVP's are requested. Reply to info@smrcoc.org or phone 937 433 2032 ext. 200.

May 6 – Archer's Tavern /June 3 – Freddy's Frozen Custard & Steakburgers July 8 – Archer's Tavern / August 5 - Freddy's Frozen Custard & Steakburgers September 2 – Archer's Tavern / October 7 – Freddy's Frozen Custard & Steakburgers

November 4 – Archer's Tayern / December 2 – Freddy's Frozen Custard & Steakburgers

Archer's Tavern, 9496 Dayton Lebanon Pike, Centerville, 45458

Contact Randy Stites 937-228-228 \$25.00 per person - MUST RSVP Night Includes: 1 Suite/Party Deck Ticket for Game, Unlimited Food & Nonalcoholic Beverages, 2 Alcoholic Drink Tickets, A chance to win Dragons merchandise, Great Networking with Chamber

Calendar subject to change. Regular updates will be available. Check web site for new additions!

Business of the Year 2019 - MakSolve

South Metro Regional Chamber of Commerce * **No Charge Event Policy** Restrictions apply for this event. *Reservations required *Adults only *Cancellation required 48 hours in advance of event *Substitutions accepted *No Show will be charged \$15.00



District tragedy on August 4, 2019, tornados and other incidents in 2019. Your

donations will make a difference in the lives of a warrior and rescue dog!

Flying Ace Car Wash will be running a promotion at all 8 Greater Dayton Flying

you can assist the Chamber in raising the funds for the dog.

Ace Express locations March 13-15. Customers will be asked to donate \$5 at the wash kiosk, and will receive a barcode on their receipt good for a free Flying Ace wash (\$15 value) their next visit. So no matter where you live or work in the greater Dayton area,

> Contributions can be made by check to K9 Dayton and mailing it to Julia Maxton, SMRCOC, 322 Congress Park Dr. Suite B Dayton, Ohio 45459 or to Shon Myers,

President, Farmers and Merchants Bank 41

South First St., Miamisburg, OH 45342

YOUR FUTURE IN SAFETY. WE'VE GOT YOU COVERED. Register now! Each year a crowd of thousands comes to the Ohio Safety Congress & Expo (OSC 2020) to learn from

expert presenters from across the country. This year, OSC 2020 will give you strategies and tools essential

Anthem Plan, Hunter Consulting, Office Depot, Strategic HR, The Shield Plans and more.

SOCA Health Plan

The Chamber SOCA Health Care Plan administrated by Anthem, is proving to be one of the most popular benefits that is offered through the South Metro Regional Chamber. Along with

To schedule ,contact the office at 937 433 2032 ext. 100

employees. Join us to learn more about the plan on Wednesday March 18, 2020 at the Miami Township Branch of the Dayton Public Library, 2718 Lyons Rd. Miamisburg 45342. The session will

great savings, businesses have the opportunity to tailor the plan for the needs of their

management philosophy.

- Jan 8 Archer's /Feb 5– Freddy's Frozen Custard & Steakburgers March 4 - Archer's Tavern / April 8 - Freddy's Frozen Custard & Steakburgers
- \$20.00 per person/ Non Members Members / Non Members - \$25.00 at door Reservations Required. Hosted By: Kettering Health Network, Sycamore Medical Center/ Sponsored By: Flying Ace Express Car Wash, St. Leonard, and DayAir Ballpark **Dayton Dragons Unique Outing** <u>Monday</u> **May 18** 6:00 - End of Game - Dragons vs Lake County Dayton
- <u>Wednesday</u> **Annual Breakfast & Business Awards** October 28 7:30 a.m. - 9:15 a.m. No payment at the door Please RSVP 433-2032 x 200
- Use our convenient reservation line (937) 433-2032 ext 200 for quick registration AS A COURTESY - RESERVATIONS REQUIRED - ADULTS ONLY We want to thank our generous sponsors for making our 2020 events possible: DP&L, Hunter Consulting Co., Nova Creative Group, Key Ads, Voss Auto Network, Thompson Hine LLP, Tech2bit, Flying Ace Express Car Wash, St. Leonard, Miami Valley Hospital South, Wright Patt Credit Union, Active Electric, Givens Voice and Data, LLC, Spectrum Reach, Lizard Apparel & Promotions, LLC

South Metro Chamber 2020 Business Open Houses & Ribbon Cuttings! Thursday Awe Snap Jewelry Ribbon Cutting 2800 Miamisburg Centerville Rd February 13 11:00 a.m. Dayton Mall Concourse **Business Open House (Holiday Kick Off)** Zig Zag Gallery <u>Thursday</u> November 5 5:00 - 7:00 p.m. 101 E. Alex Bell Rd., Ste. 172 Must RSVP 433-2032 x 200/ NO CHARGE EVENT! Centerville 45459

Safety Council Speakers and Information All South Metro Regional Safety Council Meetings are held at Miami Valley Hospital South, Bed Tower the South Metro Regional Safety Council for 2019 – 2020. We have excellent speakers. Not only can you provide a safer work environment, but you have the ability to earn a 2% to 4% rebate of your workers? compensation premium. The presentation begins at 8:30 A.M. To reserve your spot, email info@southmetroregionalsafetycouncil.org or phone 937 433 2032 ext. 200. Michael Kerr, MAKSolve, Topic "OSHA Update" March 12, 2020 April 9, 2020 Jennifer Brill, Esq, Hunter Brill, LLC, Topic "Medical Marijuana—Where are we now" **CEO Meeting** Chief Chris Barnett, West Carrollton Fire Dept., Topic May 14, 2020 "Hands on Fire Extinguisher Protocol" Bruce Barcelo, ADAMHS, Topic "A New Look At Nicotine Addiction" June 11, 2020 You do not have to be a member of the Safety Council to attend the meetings. **SPONSORS CHI Living Communities**

OHIO SAFETY CONGRESS & EXPO March 11-13

BENEFIT INFORMATION SESSION Would you like more information on benefits that the Chamber offers? We are now offering one on one and small group sessions. You can learn more about the

April 9, May 14, June 11, Safety Council Members - \$15.00/ Non Safety Council Members - \$20.00 July 9, Aug 13, Sept 10, Must RSVP - 433-2032 x 200 Sponsored By: Miami Valley Hospital South, Hunter Consulting Co., Oct 8, Nov 12, Dec 10 Thompson Hine LLP, Key Ads

cancellation date or 3 days prior including lack of attendance. Adults only!

Event

Safety Council Meetings (Improve Workplace Safety)

x 200

Date

Thursday

Sept 16

Jan 9, Feb 13, March 12,

\$17.00 per person /Members

Metro Breakfast

 $\underline{randy.stites@daytondragons.com}$

start at 7:30 AM and feature a presentation by Anthony Sucato from Risk Strategies. Implementing a Culture Based Safety Program By Gary Hanson, President of American Safety & Health Management Consultants, Inc. With the implementation of the Group Rating in 1990, it is gratifying as a safety consultant to see the number of small companies that now understand the need and importance of establishing an effective Safety Program. The economic incentive is tremendous and many companies have now come to expect this savings on an annual basis. Unfortunately, there still are a number of companies out there that have not done or are not doing all the right things to help prevent employee injuries. This can be a costly oversight and results in a company being removed from the Group Rating. The true value of an effective Safety Program must be clearly understood and communicated to all levels of management and employees. An effective Safety Program is designed to protect a company's most valuable assets: * The Employees * Equipment and Property * Production, Sales and Service Capacity * Financial Strength * The Company's Good Public Name An effective Safety Program helps the company achieve its Corporate Mission of being successful, growing and making a profit. In other words, a good Safety Program needs to be an integral part of a company Safety must become a part of the Management Culture: * The true value of safety must be understood and communicated clearly. * High performance goals must be established and achievement of the goals demanded. * Safety must become a part of how the organization thinks. * Safety must become a part of the daily routine of employees. * Safety must be taken into consideration in all decisions affecting the company's employees. More SOUTH METRO REGIONAL CHAMBER OF COMMERCE 2020 CALENDAR OF EVENTS SPONSORED BY **Under Construction** DP&I SAVE THESE DATES! EVENT RESERVATION POLICY All reservations for Chamber events have a cancellation date, usually one week prior to the event (check our website at www.smrcoc.org or event invitation). This date represents a guarantee from the Chamber to the event facility concerning payment and

commitment, no exceptions. Please be responsible and honor that date to assist this office in managing our budget. All event registrations will only be accepted IN ADVANCE by check or credit card. We will not offer payment at the door. No refunds after

Events & Programs will be held from 8:30-9:30 a.m. (Starts 8:30 Sharp)

"Shout OUT" Breakfast 7:30 – 9:00 a.m., \$12.00 per person and will include a lite bite and coffee... Dates are listed for each Restaurant below. Freddy's Frozen Custard & Steakburger, 5501 Wilmington Pike, Centerville 45459

Reservations required. (937) 433-2032

Location

Miami Valley Hospital South

(Bed Tower Entrance)

Centerville

2400 Miami Valley Dr.

Sycamore Medical Center (4th Floor)

4000 Miamisburg Centerville Rd.

Miamisburg

NCR Country Club

4435 Dogwood Trail

FEATURING IMPORTANT SPEAKERS ON MAJOR TOPICS Breakfast Buffet/Networking: 7:30 a.m. Speaker: 8:00 – 9:00 a.m.

Kettering Sponsored By: DP&L, Hunter Consulting Co, Nova Creative Group, Key Ads, Voss Auto Network, Thompson Hine LLP, Tech2bit, Flying Ace Express Car Wash, St. Leonard, Miami Valley Hospital South, Wright Patt Credit Union, Active Electric, Givens Voice and Data, LLC, Spectrum Reach

We now accept online payments www.smrcoc.org **Questions? Call 433-2032 ext 100**